



Creating a new *Legacy* of champions

CLASS REGISTRATION FORM

\$45 REGISTRATION FEE WILL BE DRAFTED WITH 1ST MONTHS TUITION

\$40 SEMI ANNUAL SHOWCASE FEES WILL BE DEBITED IN BOTH APRIL & DECEMBER

MONTHLY FEES: Will be auto drafted from your account on the 1st of the month; late payments will incur a \$35 late fee

WITHDRAWAL POLICY: A 30 day notice is required prior to withdrawal

CHILD'S NAME: _____ CHILD'S BIRTHDATE: _____

ADDRESS: _____

CITY: _____ ZIP: _____

MOM'S NAME: _____ MOM'S CELL: _____

DAD'S NAME: _____ DAD'S CELL: _____

EMAIL: _____

(Required – please print clearly)

Pelham Ridge Students, are you interested in our after-school program? Yes _____ No _____

What is you/ your child's goal in our program: (Please check ONE) Competitive gymnastics _____ Recreational _____

Please list the class that your child is enrolling in: _____

If that class is not available, please list 2nd class choice: _____

How did you hear about us?

(IF REFERRED BY SOMEONE ENROLLED IN OUR PROGRAM, PLEASE LIST THEIR NAME- WE OFFER A ONE-TIME 15% REFERRAL DISCOUNT)

Any disabilities, impairments, medical conditions, allergies, etc. that our staff should be aware of?

I have read and agreed to the rules and policies of Legacy Gymnastics that are included in this packet. I am also aware of the 30 day withdrawal policy.

Sign Here: _____

LEGACY GYMNASTICS LIABILITY RELEASE FORM

Legacy Gymnastics · 260 Applegate Pkwy · Pelham, Alabama 35124

Gymnastics by nature, is a high-risk sport. As with any activity that requires the total use of the human body, motor control, strength and balance, injuries may occur. Therefore, Legacy Gymnastics is not responsible for and cannot be held liable for injuries or contracting any infectious diseases that occur at or on this property while under supervision.

Legacy Gymnastics has at all times the latest and top of the line equipment. Equipment is constantly checked for safety, wear and tear, loose parts and condition and depth of matting as well as cleaned properly and efficiently before and after each class.

Legacy Gymnastics also has a highly trained staff that is consistently trained by the director as well as USAG educational courses and safety training. Every member of the Legacy staff receives safety training as well as training in proper spotting.

The director of Legacy Gymnastics is a professional of 18 years in the sport of gymnastics. Her training and certifications are above the standards required by the national association. The director is nationally safety certified and trains her staff in safety management.

LEGACY GYMNASTICS PARENT MEDIA CONSENT FORM

I hereby consent to the use of my child's name, likeness, voice and biographical material by Legacy Gymnastics (located at 260 Applegate Parkway, Pelham Alabama) and those acting on its behalf (its Agents) for the purpose of advertising or publicizing events, activities, facilities and programs of Legacy Gymnastics in newspapers, newsletters, websites, social media, emails and other publications, television, radio and other communications and advertising media.

I also hereby release Legacy Gymnastics and its Agents from any and all liability from such use and publication.

I also hereby grant to Legacy Gymnastics and its Agents the right to reproduce, sell, copyright, exhibit, broadcast, electronically store and/or distribute any photographs, film, video, electronic representations and/or sound recordings (Media) that I provide to Legacy Gymnastics and its Agents.

I also hereby certify that I am the rightful copyright owner of any and all Media that I provide to Legacy Gymnastics and its Agents and, as such, have the legal authority to grant the rights, releases and indemnities herein.

I also specifically waive all rights to any compensation I may have for any of the foregoing.

Student name(s): _____

Student DOB: _____

Responsible party print name: _____

Responsible party signature: _____

Signing date: _____

Phone number: _____

Email address: _____

Please turn in pages 1 & 2 and keep 3-5 for yourself. Thank you!

What to Expect in Your Child's Recreational Class

- 1.) Benefits from gymnastics/tumbling/ninja are not only flexibility, strength, and coordination but also an increase in listening skills, obedience, self-confidence, and a better self-image.
- 2.) For maximum safety of your child please have them dress properly for class.
 - a.) Girls- Keep their hair tied back from their face, no jewelry.
For all gymnastics classes- leotards (w/ no dance skirts) and no shoes
For all tumbling classes- t-shirt or tank top and cheer shorts, shoes are optional
 - b.) Boys- t-shirts tucked into shorts and no shoes
 - c.) We also do not allow gum during class.
- 3.) If you think your child needs more help, consider a second class (it is only \$15-20 more a month) or a private lesson. Sometimes just a few minutes of individual attention will reap much reward and your child might then be eligible for the next level. Please check our website or the bottom of this packet for our teacher's contact information.
- 4.) Remind your child to go to the restroom before class starts. If your child is not able to go to the restroom by themselves, you will be asked to take them.
- 5.) Most parents stay and watch the class, but it is not mandatory. We like parents to stay, because you are your child's biggest fan and they love to know you care. Children seek and need your approval. After watching class, be sure to compliment them on what you have seen. Do not yell suggestions from the bleacher or watch room, but allow us to make corrections as we see necessary.
- 6.) Do not compare your child to others. There may be various levels in each class. Our teachers are used to working that way and will strive to give each child equal attention.
- 7.) Remind your child to listen to their teacher. Sometimes the gym can be very noisy and they will have to pay attention to what is happening in their class. There are always several classes as well as team practice going on at the same time; if your child is not paying attention to their teacher he/ she could get hurt or hurt another child. They might also be taking turns and learning to work independently at stations on different events. It is important they don't leave class to go out to the lobby or watch room or balcony to see you.
- 8.) There are cubbies in the gym for the students to put their belongings in (shoes, water bottles, etc), we have a water fountain available in the gym, but if you would like for them to bring a water bottle, make sure they bring it in the gym with them. They may not go up into the balcony to get water from you. Your child must wait in the lobby for the class to start or sit on the bleachers with you until the teacher comes into the lobby and brings them out. While your child is waiting for class, either in the lobby or in the balcony with you, please do not allow them to do gymnastics or tumble in those areas. This is for their safety!!!
- 9.) When your child starts a new activity you want them to succeed. You may be wondering what you can do as a parent to help your child at home. We don't recommend home trampoline use or practicing their skills at home. That is why your kids comes here. But, they can condition and stretch at home which will truly help with their skill progress. All gymnastics skills can be improved by more strength and flexibility.

Legacy Gymnastics Rules & Policies

1. Here at Legacy, we are on a 12-month schedule. Your tuition is based on a yearly amount and then divided by 12 months. Meaning if there are 5 weeks in October and 4 weeks in November, the tuition stays the same. We do not charge more for the longer months. We are open for classes all year long and are only closed for major holidays. When figuring tuition for the year the fact that we are closed for Thanksgiving, Christmas, and other major holidays are taken in to account. With that in mind, please note that there is no reduction in tuition during those months. We do not follow any school systems closings for holidays, etc. Our annual calendar is on our website (www.legacygymnastics.com), so please look over it when you register your child for class.
2. Please know that when you register, **you only have to fill out the registration packet one time, because you are registering indefinitely.** You do not have to fill it out every Spring, Summer, and Fall. When you wish to withdraw your child from our program, you **must give a 30-day notice,** either by email (drew@legacygymnastics.com) or online prior to withdrawal. **You must receive a confirmation email from our office stating that we have received your withdrawal notice or you will be charged for the next month's tuition.**
3. Tuition, Registration, and Showcase fees are all mandatory and non-refundable fees that will be debited from your account. Registration fees (\$45) are charged yearly and Showcase fees are charged semi-annually (\$40 per showcase). Tuition is done by Echeck or Credit Card (there will be a 2.9% service charge when using a credit card) and is drafted from your account on the 1st of every month. A statement is sent to the email address we have on file for you every month before the 1st. If tuition cannot be drafted due to insufficient funds, then a \$25 late fee will be applied plus a \$10 returned item fee for a total fee of \$35. A statement is sent to the email address we have on file for you every month (2 to 3 times) If there is an error with the amount that is being drafted you must let the Office Manager know before the 1st so it can be corrected. If the wrong amount is withdrawn from your account causing you to incur fees, we are not responsible for those fees. We ask that you please look over your statement every month to assure that our system has the correct amounts being charged for your tuition.
4. If a student's tuition is 60 days past due and arrangements have not been made to pay the tuition; the student will be dropped from the class until arrangements have been made.
5. Please email Drew@legacygymnastics.com to schedule a makeup class. (Make ups are allowed in any class that has an opening). We host a competition at our facility in November. On the Thursdays prior to competition, classes after 6:30pm might be cancelled. If this happens you may schedule a makeup class.
6. We do not allow parents to stand at the stairs or peer over the balcony and teach or talk to your child during class. You entrust your child to be taught by our staff and we take our responsibility very seriously. It is very distracting to both your child and the instructor when you are trying to get their attention, and we need your child's attention to be focused on what is going on in class at all times.
7. If there is a discipline problem, the teacher may ask your child to sit out for a moment. It is not fair for a child to disrupt the class and take away from the instructor teaching the rest of the class. If your child continues to have problems paying attention or following directions in class, they will be sent to the office.
8. We have a 3 child per class minimum. If at any time, a class drops to less than 3 children, the owner has the right to close the class. You will receive an email to let you know if your child's class has to close, so that you can enroll your child into a different class.
9. All class changes, additions, etc. can be done online through our parent portal and you must receive a confirmation email in order to guarantee that your child's enrollment has been changed correctly. If you speak to your child's teacher about their enrollment changes, etc. that does guarantee their class change.
10. All of our classes teachers names and emails are below:

Drew Rushing – drew@legacygymnastics.com (Office & Rec Manager)
Lindsey Roughton – lindsey@legacygymnastics.com (Office Assistant)
Abigail Bess – abigail@legacygymnastics.com
Riley Buttersworth – riley@legacygymnastics.com
Cameron Cantlay – cameron@legacygymnastics.com

Haley Caterinichia – haley@legacygymnastics.com
Gracie Hedrick – gracie@legacygymnastics.com
Emma McCann - emmam@legacygymnastics.com
Ashlyn West – ashlyn@legacygymnastics.com
Grace Wilkins – grace@legacygymnastics.com

The Legacy Achievement Award Program

The Legacy Achievement Award Program was designed for our gymnasts by the Legacy Staff.

This program will provide incentives and rewards for learning new skills and working hard.

This program will showcase your child's progression. Gymnasts in Level 1-Level 8 will be tested every 4 months (see calendar on website). Students in Mommy & me, Preschool & Mini mite will simply age out. Your child must be proficient in 100% of the skills they are being tested on. You will receive a copy of your child's evaluation sheet after their Evaluation. It will have a key on it explaining whether each skill tested was "Completed", "Partially Completed", or "Incomplete". There is also a Box that will be checked by your child's teacher letting you know if they are "Ready to Move Up" or "Staying in their Current Class". If your child's evaluation indicates through a check mark that they are ready to move up, please log on to the parent portal on our website and request to transfer into the new class time/day that best suits your schedule. If your child is ready to move up, they will receive a medal and a certificate the following week. If you have any other questions concerning your child's evaluations, please email your child's teacher and they will be happy to go over it with you. You may find your child's teacher's email on our website, <http://www.legacygymnastics.com/coaches.html>.

This program is designed to help your gymnasts:

- **Set achievable goals**
- **Create a sense of accomplishment**
- **Enrich self-esteem**
- **Enrich self-worth**
- **Learn about commitment**
- **Have fun while learning new skills**

It will also give each child the chance to be noticed for his/her hard work!!



Legacy Ninja Achievement Award Program

The Ninja Program here at Legacy Gymnastics is a program designed to have your child become physically active in a fun, challenging, and most importantly safe environment. This program offers incentive accompanied by rewards to showcase their achievements as they progress through the program. If your child is between 4-7 years old they will be placed in our “Mini Ninja” program, and if they are 8 years or older they will be placed in the “Junior Ninja” program. This is so that every day your child comes to classes, they will be performing obstacles and physical challenges that are appropriate for their physical development. Your child will receive a colored wristband that they will be required to wear to class every day, this is representative of their level. The child will earn “stars” during class based on their hard work and accomplishments. We will also have challenges each week that will be designed to test how well their skill and physical abilities have improved during class. This will be another opportunity for them to earn “stars”. These stars will be recorded on our BIG white board by their name in the gym to remind them of all of their hard work! Once your child has received a total of 20 stars they will be promoted to the next rank, and their star count will reset. The rankings for the ninja classes goes as follows; Black, Light Blue, Royal Blue, Green, Grey, and White. If you have any questions about our Ninja Program or the ranking system please feel free to speak with your child’s instructor after class. You can also find your instructors email on our website.

This program is designed to:

- Provide a safe and controlled environment for your child to have fun and improve physical abilities
- Improve your child’s:
 - Bodyweight Strength
 - Balance
 - Agility
 - Coordination
 - Grip Strength
 - Body Awareness
- Teach your child how to be supportive of their peers
- How to work hard in order to attain their desired goals



260 Applegate Pkwy, Pelham AL 35124

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www.legacygymnastics.com