
NINJA EVALUATIONS YELLOW SLEEVE

Must complete 100% of skills to move up to the next level

Rolling:

Turtle Roll Ninja Roll Backward roll (wedge)

Flipping:

Lever kick Butterfly Kick Trampoline shapes

Running:

Precision jump Safety Vault Wall Run

Swinging:

Cannonballs Monkey bars Bar flips

Something great about me:

Something for me to work on:

Coach's Name:

Ready to move up Staying in current level

Evaluation key:



Completed



Partially Completed

NINJA EVALUATIONS YELLOW SLEEVE

Must complete 100% of skills to move up to the next level

Rolling:

Turtle Roll Ninja Roll Backward roll (wedge)

Flipping:

Lever Kick Butterfly Kick Trampoline Shapes

Running:

Precision Jump Safety Vault Wall Run

Swinging:

Cannonballs Monkey Bars Bar Flips

Something great about me:

Something for me to work on:

Coach's Name:

Ready to move up Staying in current level

Evaluation key:



Completed



Partially Completed