

CHILDS NAME _____

GIRLS MINI MITE EVALUATION SHEET

Must complete 100% of skills tested to Move Up to the next level

Vault:

- Run - correct arms
- 2 foot jump
- Standing Arm Circle
- Jump stick

Beam:

- Forward walks
- Crown releve lock
- Stretch jump
- Kicks

Bars:

- Chin up
- Push Down
- 1/2 Back Hip Circle (spot)
- Cast (good form w/ spot)
- Straddle hang swing off stick

Floor:

- Mini Cartwheel
- Correct teeter totter to 3/4 split handstand
- Fwd. Roll (no arms to stand up)
- Backward roll on incline (no spot)

Something Great about Me:

Something for me to work on:

Coach's Name:

Ready to move up * or Staying in current level

Evaluation Key: = Completed = Partially Complete

* If your child is ready to move up please go onto the Parent Portal on our website to request a class in their new level.

Please contact us if you have trouble changing classes.



www.legacygymnastics.com

CHILDS NAME _____

GIRLS MINI MITE EVALUATION SHEET

Must complete 100% of skills tested to Move Up to the next level

Vault:

- Run - correct arms
- 2 foot jump
- Standing Arm Circle
- Jump stick

Beam:

- Forward walks
- Crown releve lock
- Stretch jump
- Kicks

Bars:

- Chin up
- Push Down
- 1/2 Back Hip Circle (spot)
- Cast (good form w/ spot)
- Straddle hang swing off stick

Floor:

- Mini Cartwheel
- Correct teeter totter to 3/4 split handstand
- Fwd. Roll (no arms to stand up)
- Backward roll on incline (no spot)

Something Great about Me:

Something for me to work on:

Coach's Name:

Ready to move up * or Staying in current level

Evaluation Key: = Completed = Partially Complete

* If your child is ready to move up please go onto the Parent Portal on our website to request a class in their new level.

Please contact us if you have trouble changing classes.



www.legacygymnastics.com

DP